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COVID-19 Symptoms, Cohorts/Stable Groups, Close Contacts, Decision Trees and Scenarios

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April 2021, Updated June 2021



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Signs or Symptoms of COVID-19

+ Symptoms that are **not** COVID-19

Signs or Symptoms of COVID-19

Santa Clara County Health Defines as:

Symptoms in past 3 days:

- ◆ Fever (100 or higher)/chills
- ◆ Cough
- ◆ Loss of taste or smell
- ◆ Shortness of breath or difficulty breathing

New or not explained by another reason:

- Fatigue
- Muscle or body aches
- Headache
- Sore Throat
- Nausea, vomiting or diarrhea

Symptoms that are Not Signs of COVID-19

- On their own (examples) :
 - ◆ Thick, green or yellow nasal discharge
 - ◆ Stomach ache
 - ◆ Rash
 - ◆ Runny Nose*

*If this symptom is combined with a COVID-19 symptom, then you need to treat the runny nose as part of the COVID-19 symptom.



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What is a COHORT/Stable Group and a NON-COHORT?

What is a Cohort vs. Non-Cohort?

Santa Clara County Health defines this as:

A Cohort or Stable Group is:

- ◆ *A stable group of children and staff who remain together throughout the day/length of the program and who do not mix with other groups of children and staff during that time period.*

A Non-Cohort is:

- ◆ A group of children and staff who do not remain together throughout the day/length of program and who do mix with other groups of children and staff.
 - Example: A sibling of a child who is not in the cohort as their sibling during a program.
 - Example: another group outside of the cohort e.g. a camp on same field but not apart of the cohort

Who is a Close Contact to a Person Who Has Tested Positive for COVID-19?

What is a Close Contact?

Santa Clara County Health defines this as:

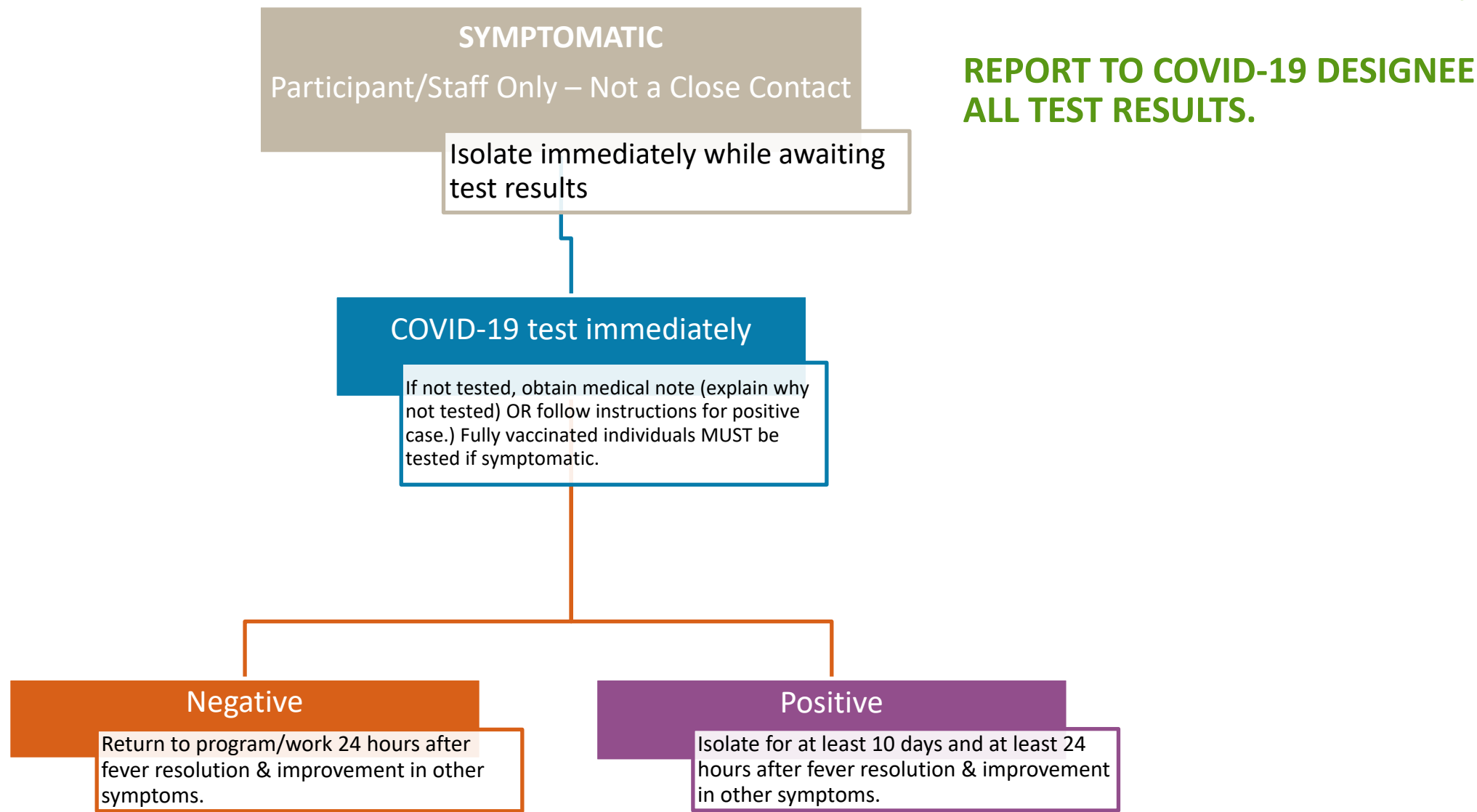
- ◆ A Close Contact is:
 - someone who was **within 6 feet** of the infected person for **at least 15 minutes**
 - at any time **beginning 2 days before** the infected person had symptoms or tested positive
- ◆ Close contacts include:
 - People who had **15 minutes of continuous contact** with the infected person
 - People who had **repeated short-duration interactions** with the infected person

Do Face Masks Matter in Deciding Who is Close Contact?

- Face coverings reduce the likelihood of COVID-19 transmission but wearing face coverings has **no impact on the determination of whether someone is a close contact and should quarantine.**

Test Result Decision Trees

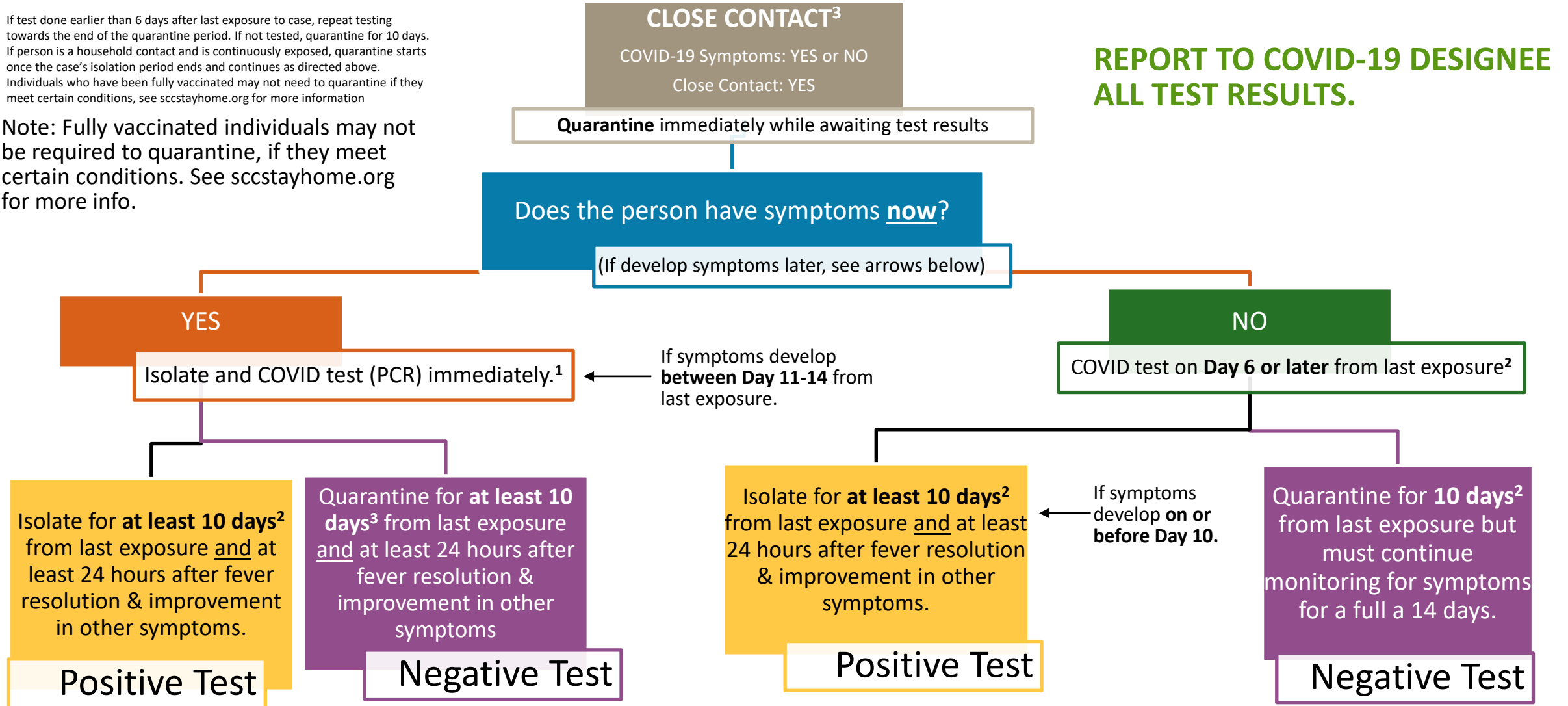
Exhibits ≥ 1 COVID-19 Symptoms (Participant/Staff) – Test Result Decision Tree



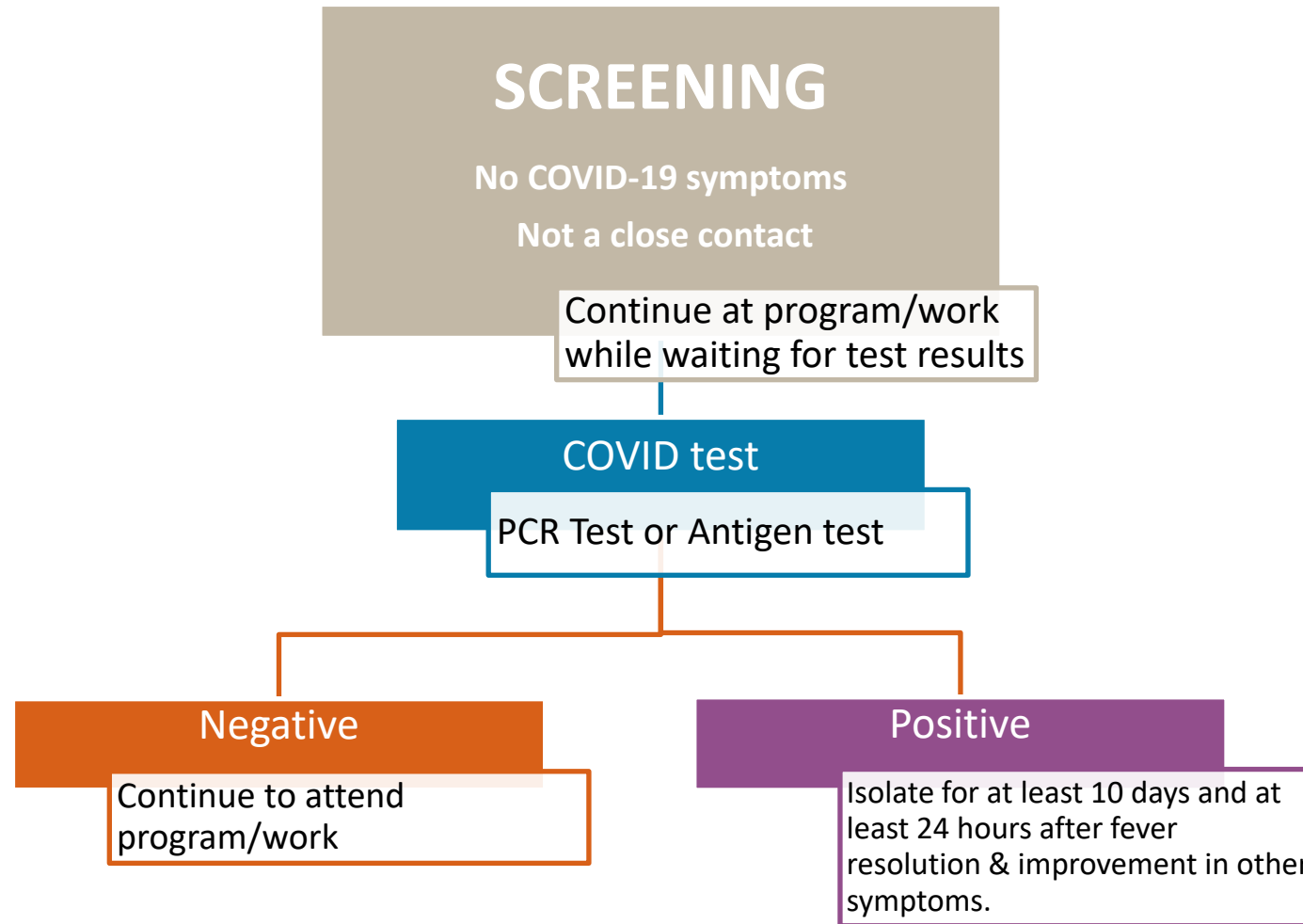
Identified as a Close Contact (Participant/Staff) – Test Result Decision Tree

1. If test done earlier than 6 days after last exposure to case, repeat testing towards the end of the quarantine period. If not tested, quarantine for 10 days.
2. If person is a household contact and is continuously exposed, quarantine starts once the case's isolation period ends and continues as directed above.
3. Individuals who have been fully vaccinated may not need to quarantine if they meet certain conditions, see [sccstayhome.org](https://www.sccstayhome.org) for more information

- Note: Fully vaccinated individuals may not be required to quarantine, if they meet certain conditions. See [sccstayhome.org](https://www.sccstayhome.org) for more info.

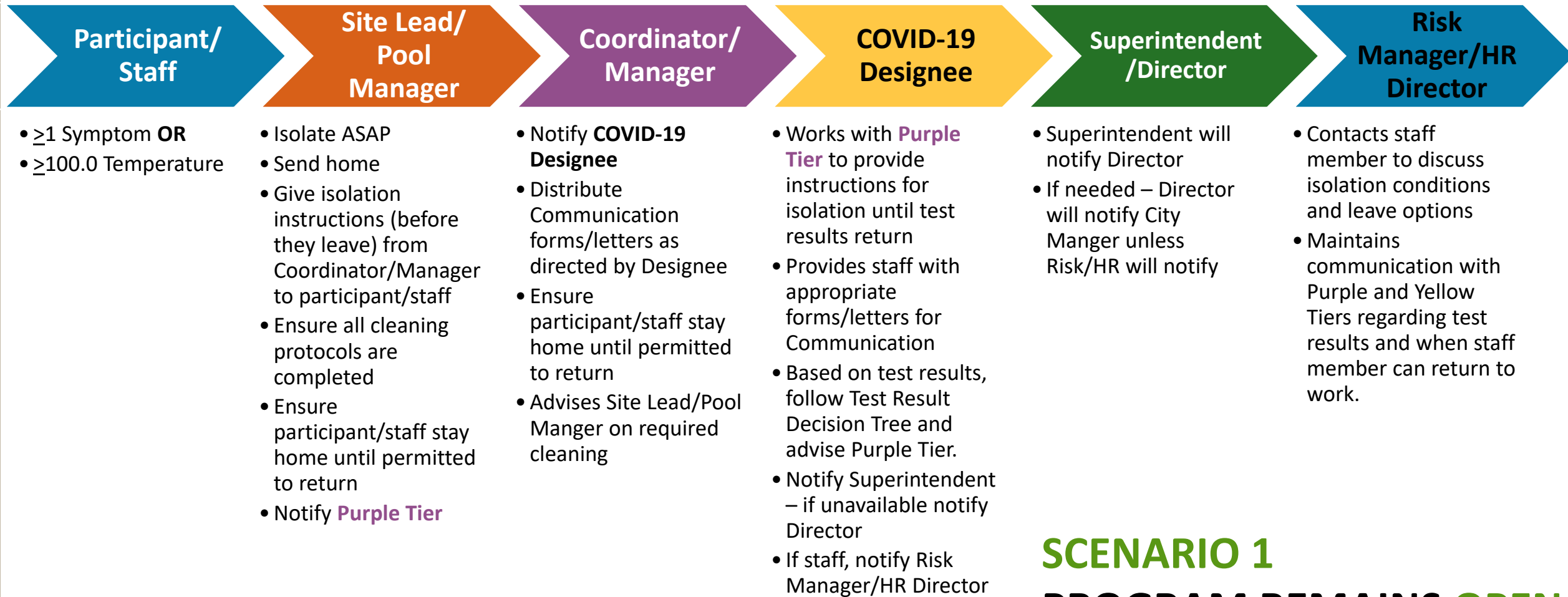


COVID-19 Symptom Screening – Test Result Decision Tree



Scenario 1: Participant/Staff Exhibiting Symptoms

Exhibits One or More COVID-19 Symptoms – Participant/Staff

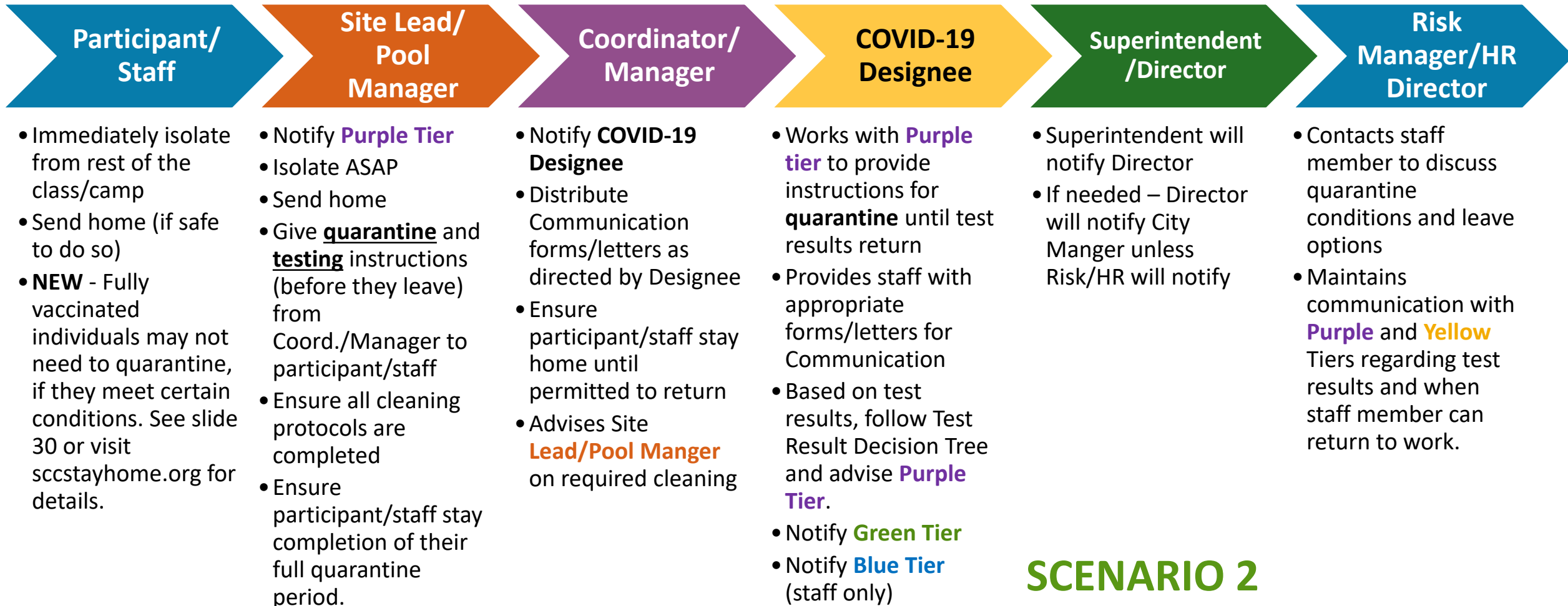


SCENARIO 1
PROGRAM REMAINS OPEN

Scenario 2: Participant or Staff Identified as a Close Contact to a Person Who Has Tested Positive for COVID-19

Participant/Staff Identified as a Close Contact to a Person Who Has Tested Positive for COVID-19

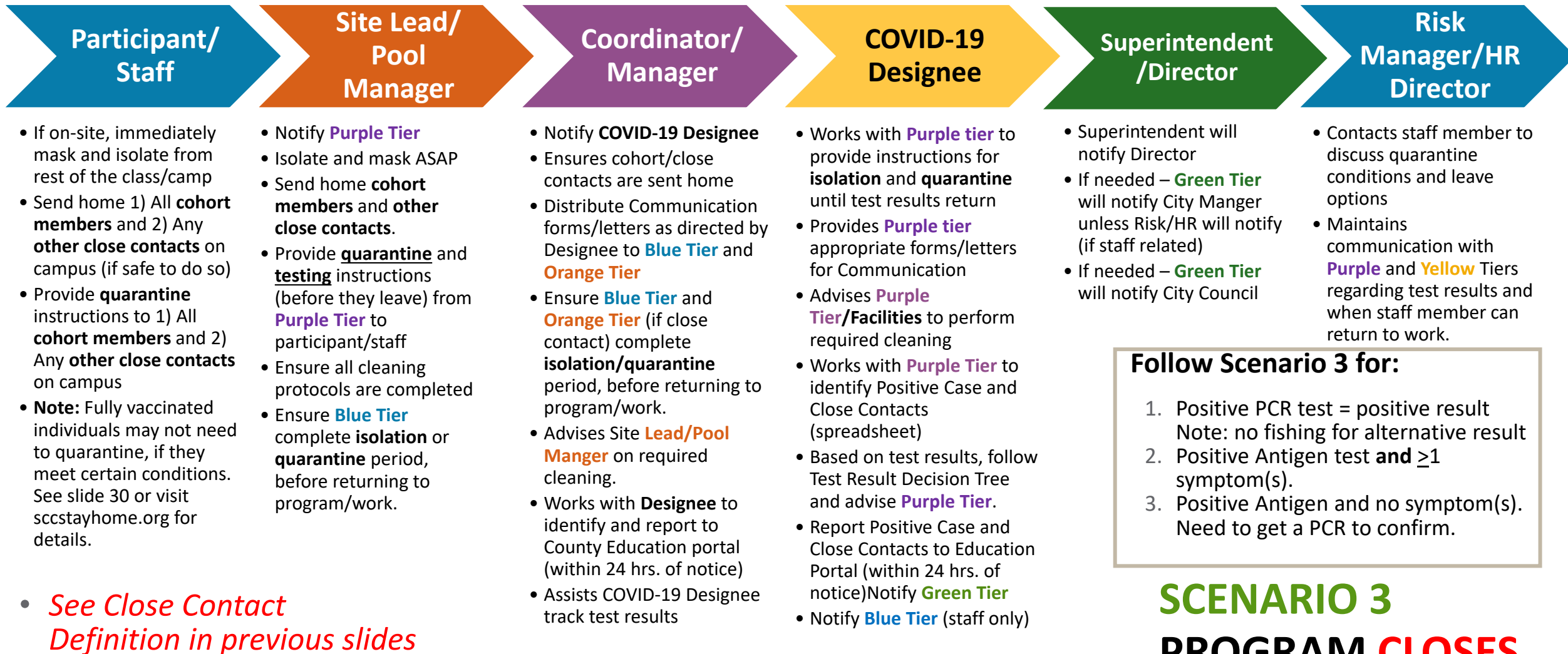
- *See Close Contact Definition in previous slides*



SCENARIO 2
PROGRAM REMAINS OPEN

Scenario 3: Participant or Staff Tests Positive for COVID-19 in a COHORT or NON-COHORT SETTING

Participant/Staff Tests Positive for COVID-19 in a COHORT/Stable Group or a NON-COHORT

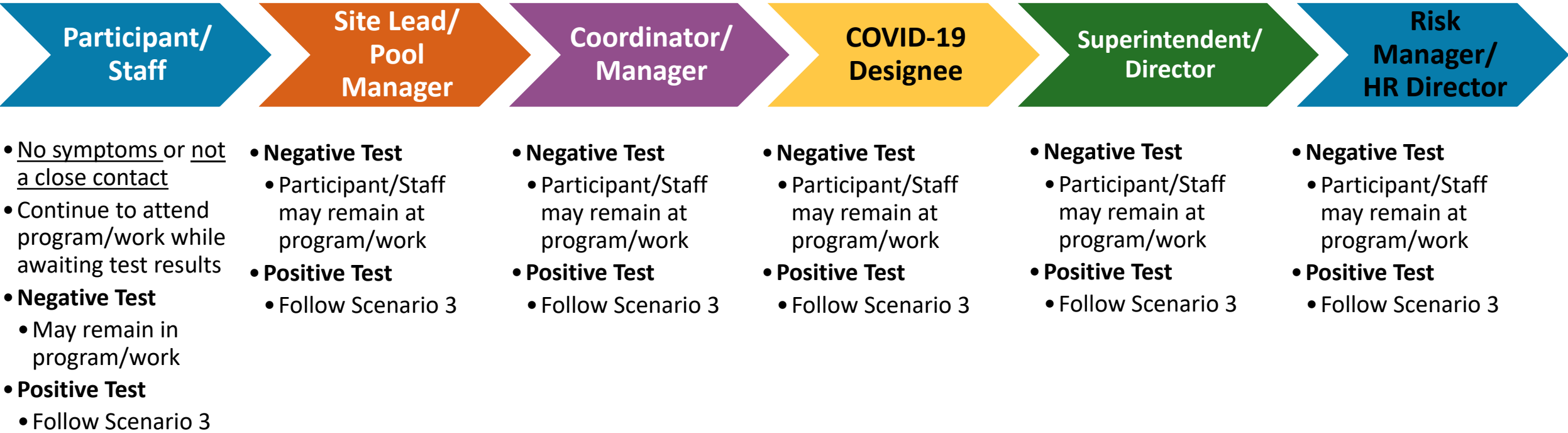




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Scenario 4: Routine COVID-19 Screening (no symptoms, not close contacts)

Routine Participant/Staff COVID-19 Screening (No symptoms, Not Close Contacts)



SCENARIO 4
PROGRAM REMAINS OPEN UNLESS POSITIVE CASE

Documentation Required for County Portal Contact Tracing

Scenario 3 – Information Needed Positive Result Participant/Staff

Santa Clara County Health requires the following information for Portal Reporting:

1. Is positive case a participant or staff member?
2. What date was the positive test administered?
3. Date last attended program/work?
4. Camp/Program Location or Room
5. List of Staff Names and/or Site Lead/Coordinator that was on-site at any time during exposure dates
6. If 12 and over, are they vaccinated?
 1. Which vaccine did they receive?
 2. Need vaccine dose date(s): Two dates for Pfizer/Moderna, One for J&J
 3. If vaccinated, did the positive participant/staff display COVID-19 symptoms?

Scenario 3 – Information Needed Positive Result - CONTINUED

If Staff Case:

1. Staff role at workplace?
 2. If staff role is working in-person, enter location(s) and room(s) they were in during the exposure time period (see calculator:
- **Was this case (being reported) a close contact of another COVID-19+ person at the program?** (See slide 9 for Close Contact for definition.) Please note that everyone in a cohort/stable group **IS** a close contact.
 - ◆ If no or Unknown, please state one of these choices.
 - ◆ If yes, provide contact details of other COVID-19+ person at the program inside spreadsheet.
 - First Name
 - Last Name
 - Phone Number
 - Date of Last Contact (mm/dd/yyyy)

Scenario 3 – Information Needed Positive Result - CONTINUED

- **Was this case (being reported) a close contact of another COVID-19+ person outside the program?** (See slide 9 for Close Contact for definition.) Please note that everyone in a cohort/stable group **IS** a close contact.
 - ♦ If no or Unknown, please state one of these choices.
 - ♦ If yes, provide contact details of other COVID-19+ person outside the program on spreadsheet.
 - Relationship to Person:
 - First Name:
 - Last Name:
 - Phone Number:
 - Date of Last Contact (mm/dd/yyyy):

Scenario 3 – Information Needed Positive – CONTINUED – Supply Additional Relevant Information

Include any other additional relevant information about the case:

1. Did staff/participant complete their wellness check before being admitted to camp?
2. Did staff/participant have a temperature of 100.0 or greater at check-in? If during program, did staff conduct a temperature check again if staff/participant was experiencing symptoms?
3. Did the participant/staff tell anyone that they were not feeling well during camp/program or that they were starting to begin to experience symptoms?
4. When did the participant/staff begin to experience symptoms (hours after program, next day, evening, morning, afternoon etc.)
5. Were staff and participants wearing masks at all times?
6. Were the participant/staff separated at least 6 ft during EVERY snack/meal break while not wearing masks?

Scenario 3 – Information Needed Positive Result – CONTINUED – Collecting Close Contacts

- **Are there any **close contacts** to this COVID-19+ staff/student (being reported) at the worksite or program?** (See slide 9 for Close Contact for definition.) Please note that everyone in a cohort/stable group **IS** a close contact including all participants, staff. This includes coordinators/contractor supervisors who were present and interacted with cohort/stable group.
 - ◆ If no or Unknown, please state one of these choices.
 - ◆ If yes, provide contact details of the **close contacts** (staff/participants) at program on spreadsheet.
 - First Name:
 - Last Name:
 - Date of Birth (mm/dd/yyyy):
 - Phone Number:
 - Physical Address:
 - City
 - State
 - Zip
 - If TK-12, enter grade (preschool or afterschool programs only) – if not mark N/A
 - Park and Field Location/Building Location and Room
 - Date of Last Exposure to positive participant/staff (mm/dd/yyyy):

Close Contact Spreadsheet Example

City of Sunnyvale Recreation Division: <enter camp/program name>

Program Location Name:

Program Street Address and Zip Code:

Participant or Contractor Staff Postive Case Information (note HR will supply City staff information)													
#	First Name	Last Name	Date of Birth	Phone Number	Address	City	State	Zip	Vaccine?	Which vaccine? Pfizer, Moderna, Johnson & Johnson	First Dose Date	Second Dose Date	Exhibit COVID-19 Symptoms? Yes, list symptoms from slide
1													

Add more rows if necessary

Participant Close Contacts (do not include positive case on this list)										
#	Camper First Name	Last Name	Birthday	Phone Number	Address 1	City	State	Zip Code	Date of Last Exposure	Program Location (Park and Field or Building and Room)
1	Logan	Wilhelm	01/01/09	408-730-7338	550 E. Remington Drive	Sunnyvale	CA	94087	6/28/2021	Recreation Center Ballroom
2										
3										
4										
5										

Add more rows if necessary

Staff/Contractor Close Contacts (do not include positive case on this list)										
#	Contractor Staff Name	Birthday	Primary Phone	Address 1	City	State	Zip Code	Date of Last Exposure	Program Location (Park and Field or Building and Room)	Position
1	Michele-Bridget	Ragsdale	01/01/80	408-730-7378	400 Union Ave Unit 2	Campbell	CA	95008	6/26/2021	Coordinator
2										
3										
4										

Add more rows if necessary

- Do NOT save this file on a shared drive.
- Email this form to COVID Designee.

Name of File: CLOSE CONTACT INFORMATION TEMPLATE - DateofNotification06.28.21 - CAMP NAME_Camp_Dates_June 28-July2 -Dateof
J:\LCS\CS\DivWide\COVID-19\COVID-19 Designee - Information to Submit

Vaccinated Individuals and Quarantine

Quarantine Guidance for fully vaccinated people

- According to CDC's definition, people are considered fully vaccinated:
 - ◆ ≥ 14 days following receipt of the second dose in a 2-dose vaccine series (such as Pfizer or Moderna), or
 - ◆ ≥ 14 days following receipt of one dose of a single-dose vaccine (such as Johnson & Johnson)

When quarantine is not required for fully vaccinated individuals

- In general, fully vaccinated individuals are not required to quarantine* after being exposed to a case if they meet ALL the following criteria:
- Are fully vaccinated
- Do not have COVID-19 [symptoms](#) since the COVID-19 exposure
- Are not an inpatient or resident in a healthcare setting or facility
- *Your workplace may still be required to comply with Cal/OSHA's COVID-19 Prevention Emergency Temporary Standards ("ETS"), regardless of vaccination status. (See the [ETS FAQs](#) for further guidance.)

When quarantine/isolation is required for fully vaccinated individuals:

- Fully vaccinated individuals experiencing COVID-19 symptoms should still follow standard county guidance for [testing and quarantine](#). They should get tested and quarantine immediately if experiencing COVID-19 symptoms. If they test positive for COVID-19, they must follow standard county guidance for [isolation](#) (isolate for 10 days since symptoms first appeared, and 24 hours with no fever and improvements of other symptoms).
- Individuals who are not fully vaccinated should continue to follow current County [testing and quarantine](#) guidance after exposure to someone diagnosed with COVID-19. Even if the COVID-19 case is fully vaccinated, their close contacts should still follow standard testing and quarantine guidelines.

CDC Cleaning Protocols (Scenario 3 – positive case)

CDC Cleaning and Disinfection Protocols (Positive Case – Scenario 3)

- Clean and Disinfect Your Facility When Someone is Sick
- If there has been a sick person or someone who tested positive for COVID-19 in your facility within the last 24 hours, you should clean and disinfect the spaces they occupied.
- **Before cleaning and disinfecting**
- Close off areas used by the person who is sick and do not use those areas until after cleaning and disinfecting.
- Wait as long as possible (at least several hours) before you clean and disinfect.

While cleaning and disinfecting

- Open doors and windows and use fans or HVAC (heating, ventilation, and air conditioning) settings to [increase air circulation in the area](#).
- Use products from [EPA List N external icon](#) according to the instructions on the product label.
- [Wear a mask](#) and [gloves](#) while cleaning and disinfecting.
- Focus on the immediate areas occupied by the person who is sick or diagnosed with COVID-19 unless they have already been cleaned and disinfected.

While cleaning and disinfecting - continued

- [Vacuum the space if needed](#). Use a vacuum equipped with high-efficiency particulate air (HEPA) filter and bags, if available.
 - ◆ While vacuuming, temporarily turn off in-room, window-mounted, or on-wall recirculation heating, ventilation, and air conditioning systems to avoid contamination of HVAC units.
 - ◆ Do NOT deactivate central HVAC systems. These systems provide better filtration capabilities and introduce outdoor air into the areas that they serve.
- It is safe to wash dirty laundry from a person who is sick with COVID-19 with other people's items, if needed.
- Ensure safe and correct use and storage of cleaning and disinfectant products, including storing such products securely and using PPE needed for the cleaning and disinfection products.

While cleaning and disinfecting - continued

- **If less than 24 hours have passed** since the person who is sick or diagnosed with COVID-19 has been in the space, clean and disinfect the space.
- **If more than 24 hours have passed** since the person who is sick or diagnosed with COVID-19 has been in the space, cleaning is enough. You may choose to also disinfect depending on [certain conditions](#) or everyday practices required by your facility.
- **If more than 3 days have passed** since the person who is sick or diagnosed with COVID-19 has been in the space, no additional cleaning (beyond regular cleaning practices) is needed.