

# THE NEWS AT TWELVE

Quarterly Newsletter from D12 Board



## A MESSAGE FROM THE D12 BOARD

As we continue to navigate and push through this pandemic, we have entered an era where we are no longer cancelling all of our events but rather adapting with what we have. We can start to see some positives emerge within all of the darkness that we muddled through for the past seven months. One positive to focus on is the ability to access to a whole world of trainings and networks that would normally be unavailable due to geographic location or lack of time to travel in our schedules.

So many new creative ideas have been born and new methods to our industry that are likely to be continued. We hope that you are making the most of the situation and bettering yourself and others. **#BetterTogether**

## D12 BOARD MEMBERS 2020- 2021

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### Member at Large

*Joanne McGhee, County of San Diego*

### Student Representative

*Shealyn Imgarten, SDSU*

# HOW TO CONTACT D12



d12cprs@gmail.com



www.facebook.com/cprsdistrict12



@cprsdistrict12

Did you know that the D12 Board raises money each year through donations and sponsorships for the annual scholarships?

Have questions or want to donate contact:  
**Christy Vasquez** [cvasquez@chulavistaca.gov](mailto:cvasquez@chulavistaca.gov)

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## DONATE TO THE D12 SCHOLARSHIP FUND

Just \$2.00 per member can help fund an extra scholarship for 2021!

To donate \$2.00 visit:

<https://tinyurl.com/D12ScholarshipDonation>



Thanks to all the members that have joined us for virtual calls, trainings, happy hours and meetings.

Want to sign-up for D12 emails?

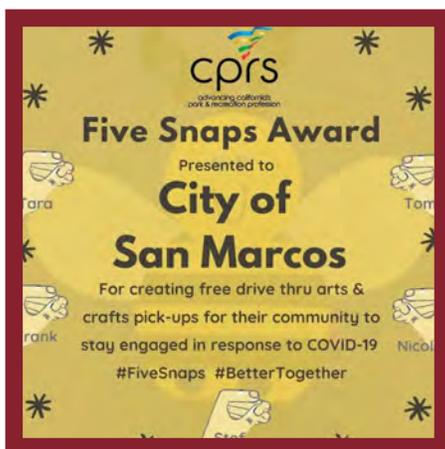
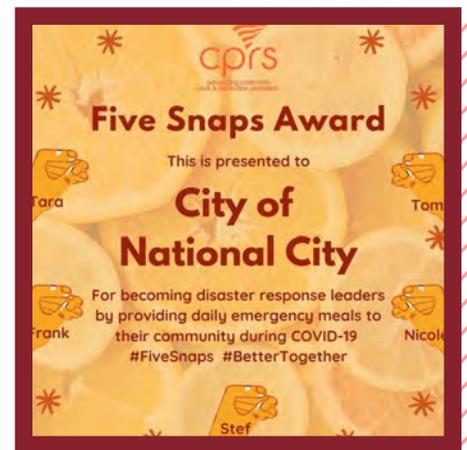
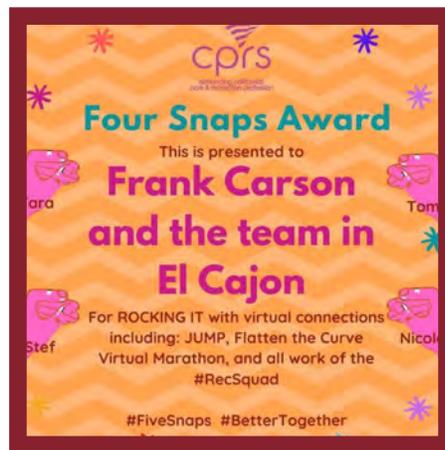
<https://tinyurl.com/D12EmailSignup>

CPRS 2020 FIVE SNAPS AWARD

# D12 FIVE SNAPS

## Snaps for everyone!

Members of the State board have been recognizing agencies throughout California by giving them "Snaps." Below we have highlighted the Snap winners in our own District!



CPRS District 12 is proud of all of our agencies who are going above and beyond for their communities!



**FOLLOW DISTRICT 12 ON  
INSTAGRAM @CPRSDISTRICT12**

# Nominations

**SOCIAL MEDIA FOR YOU!**

We are looking to feature you, your staff, and your stories!

As Iron Sharpens Iron, tell us about the stories that have shaped your career! Whether they are good, bad, or ugly, share your wisdom so others can benefit from the **success or lessons!** Part time staff make our departments go round! Help your shining stars glow by nominating them for the **Part Time All Star Award!**

Both features will be chosen and highlighted monthly on CPRS District 12 social media! Submit at the appropriate online link and email us a photo to accompany your nomination.

**Submit your All Star Nomination at: <https://tinyurl.com/D12AllStar>**

**Submit your Success or Not at: <https://tinyurl.com/D12SuccessorNot>**

**SUCCESS [OR NOT]  
STORIES**

"WE ARE A TEAM. WE LEARN FROM EACH OTHER."  
-LEE MEYER

**Share your story!**  
An event you are proud of  
or a plan that flopped!  
We will feature a new story  
each month.

**SUBMIT AT**  
[HTTPS://TINYURL.COM/D12SUCCESSORNOT](https://tinyurl.com/D12SUCCESSORNOT)

**cprs**  
district 12

**1** District **2** gether  
in this

**NOMINATE YOUR**

**PART-TIME  
ALL STARS!**

Submit your All Star Nomination at  
<https://tinyurl.com/D12AllStar>

We will feature one stellar submission each month!

**cprs**  
district 12

**1** District **2** gether  
in this



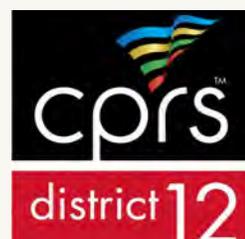
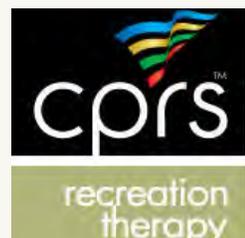
## D12 IS LOOKING FOR BOARD MEMBERS!

### JOIN US FOR THE 2021 - 2022 YEAR

We are looking for CPRS members who have a passion for parks, recreation, community services, special events, trainings and making a difference in their district. Someone who has a willingness to work as a team and contribute to the parks and recreation profession.

### Open positions for the D12 Board:

- *Vice President (3 year term)*
- *Director of Communications*
- *Director of Fundraising (Sponsorships)*
- *Director of Programs*
- *Treasurer*
- *Member at Large*
- *Aging Section Rep*
- *Development & Operations Section Rep*
- *Legislative Section Rep (A-team)*
- *Therapeutic Section Representative*



Apply at: <https://tinyurl.com/CPRS2021D12BoardNominations>

Applications accepted from Thursday, October 15, 2020 - Monday, November 9, 2020

## Thank You District 10 for sharing the Leadership Summit Recap

# CPRS Leadership Summit

CPRS Headquarters held a virtual training summit on Thursday, September 4, 2020 for professionals in leadership positions in CPRS. The CPRS board recruited experienced performance, engagement, and motivational speaker, Marilyn Sherman, as the keynote speaker who led two discussions for the day. Below are some takeaways we believe may be useful to our members.

## Take Charge in your Career

- 1 Appreciate your seat.** Keep track of your wins.  
*Maintain a 'win list': accomplishments, feel good moments, times you received recognition.*
- 2 Define what you want.** Don't assume people know.  
*What does what you want truly look like?*
- 3 Determine WHO needs to know.** Be intentional.  
*Set-up a time, plead your case, ask for next steps (don't give ultimatum). **Follow up.***
- 4 Get the description of the job that you want.**  
*What are the certifications, experience, requirements? **Fill in the gaps.***
- 5 Ask.** Don't be intimidated- ask for what you want.  
*Find someone in the job you want- and **ask for advice** to get to their position.*
- 6 Be willing to do what others are not.**
- 7 Avoid the traps.**  
*Chasing a title alone can be disappointing or feel empty- chase desired **influence** to be more impactful.*
- 8 Create opportunities.** Don't just dress for the job you want.  
*Act like the job and believe you can do it. First, **listen and observe**, then contribute (add value).*
- 9 Build your bench.** Find people who can support you.  
***Mentor:** discuss fears, choices, provide feedback.  
**Advocate:** knows what you do and can advocate on your behalf.  
**Sponsor:** has the influence/power to make something happen.*
- 10 Look for your bigger picture.** Think legacy.  
*Strive for **significance versus success**. You leave a legacy either way, so have it be intentional.*

“  
Have a  
bad  
moment,  
not a  
bad day.  
”

-Marilyn Sherman

"There's no such thing as a bad day, only bad moments that people choose to nurse all day long!" Consider that you can **choose** to let a bad moment (or two) ruin the day. Instead, take the perspective that they were just instances and don't have to define the entire course of the day.

### Speaker Contact Information:

Marilyn Sherman  
Marilyn@MarilynSherman.com  
MarilynSherman.com  
@frontrowmarilyn



## A REMINDER FROM CPRS EXECUTIVE DIRECTOR STEPHANIE STEPHENS

*As we head into the seventh month of this crazy pandemic, it's important to take a minute to reflect on what you have accomplished, remember that you are not alone, and just take a minute to breathe. Your CPRS family is right beside you...*

### **C** COLLABORATION

Your CPRS family has held over 400 ZOOM meetings with over 14,000 attendees... sharing best practices, words of advice and a shoulder to lean on. You are not alone in this - keep connecting!

### **P** PRESERVERNCE

Celebrate that 'grit' you've got goin' on!! You get up each morning, put a smile on your face and make community the best it can be. You got this my friend!!

### **R** RESILIENCE

The amazing way you have adapted to the new mask-wearing-zoom-streaming-sanitizer-smelling world is commendable. Know your ability to 'pivot' has made a huge difference in the lives of your community.

### **S** SO D\*MN PROUD

We here at the CPRS HQ are so PROUD of the work you are doing...yes, we were proud pre-pandemic but watching you share your resources freely, preserve in spite of all the challenges being thrown at you, and remain strong well it just astounds us. We celebrate YOU!!!

THANK YOU  
TO OUR D12  
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## RECREATION SECTION HOSTS VIRTUAL "SCHOOL OF REC"



The CPRS Recreation Section, lead by Section President, Tiarra Warner, held their annual "School of Rec" virtually September 23rd- September 25th.



Participants enjoyed a well-organized and interactive conference via Zoom over the course of the 3 days. The School of Rec kicked off with an inspiring message from keynote speaker and CPRS Executive Director, Stephanie Stephens. Educational session topics ranged from diversity and equity to adapting to changes to team building and leadership. Great job to the Recreation Section!

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# CITY OF SAN DIEGO POOL LIFEGUARDS PIVOT TO HELP THOSE CURRENTLY EXPERIENCING HOMELESSNESS DURING COVID19



*From City Pools to the San Diego Convention Center*

## HOW POOL GUARDS ASSISTED AT THE CONVENTION CENTER

When COVID19 hit San Diego, swimming pools in the City of San Diego were closed like many other pools around the county. Although pools were closed, the City of San Diego Pool Guards and Pool Managers were called to duty at the San Diego Convention Center. The "Operation Shelter to Home" transformed the Convention Center into a safe, clean space that welcomed San Diegans who were previously living on the street or in City bridge shelters. The Operation serves over 1,300 clients, and provides around the clock services including meals, showers, laundry services, outdoor activity spaces, case management, mental and behavioral health services, 24-hour security, health screenings, Wi-Fi access and housing navigation. Over 300 clients have transitioned into permanent housing, thanks to the hard work and support of Parks and Recreation Department Staff!

*Aquatics staff assisting with set-up at SD Convention Center*



# POOL LIFEGUARDS PIVOT CONT.



## RECREATION STAFF SERVE LUNCHES

City of San Diego Pool Guards and Recreation Leaders have proved to have a vital role in serving the community outside of just recreation. They have filled in the gaps throughout the county by helping to distribute meals at 26 school sites and 17 recreation centers.

Hundreds of thousands of lunches were served by Parks and Rec staff! Go team! In addition to supporting the "Operation Shelter to Home" and serving lunches, Pool Guards and Recreation Leaders have pivoted in other ways, by supporting golf course operations, grounds maintenance and landscaping projects and open space activities. Pool Lifeguards ensure that the public are safe and abide by the rules of the pool... and the trails! After COVID19 hit, the usage of trails has gone way up. Donned with sunscreen and whistles, you can find Pool Guards at trailheads promoting social distancing and face coverings and managing the foot traffic.

*Pool staff to the rescue! Swimming Pool Manager, Victor Gomez, used his CPR skills to Save a Life at the "Operation Shelter to Home".*



# WHY APPLY FOR SCHOLARSHIPS?



**D12 AWARDED  
SCHOLARSHIPS IN  
2020**

Total Amount Awarded:  
**\$ 7,600.00**

## **CPRS District 12 has three categories it awards scholarships!**

*Annual CPRS State Conference Scholarship from D12, Past Presidents Scholarship and Park & Rec Professional Scholarship*

D12 is proud to present scholarships for our industry's up and coming professionals. Last year D12 bestowed eight awards for a total of \$7,600.00. Both recreation students and full or part-time staff are eligible and encouraged to apply. The funds can be used towards education or professional growth opportunities, such as the 2021 CPRS Annual Conference. Keep your eyes out for an email headed your way in November for the application link.

## *Scholarships for 2021*

**Open on November 9, 2020 and are due by January 8, 2021**

Want to donate to the D12 Scholarship Fund <https://tinyurl.com/D12ScholarshipDonation>

# DISTRICT 12 2020 SCHOLARSHIP WINNERS

*This could be you!*



**GABRIELLE  
WIDSETH**

I am honored to be one of the recipients of the D12 CPRS professional award scholarship. I will use this award to obtain a certified park and recreation professional certificate through NRPA. This in turn will hopefully help me work towards a promotion in my career.



**HUNTER  
NASH**

I am so thankful to CPRS D-12 for awarding me with their two scholarships! I plan on using the money I was awarded to help me pay for my flight to Japan this upcoming fall semester where I plan to teach English and pursue a master's degree.



**ANGELINA  
TRUJILLO**

I used the money to pay for my first month of Northern Arizona University online. Very thankful for the scholarship award as it helped ease paying a monthly college tuition.

## SAVANNAH MONDRAGON

*Top award for Past Presidents and Park & Rec Professional*

I am grateful for the assistance that has been available to me, and this gift I will always cherish, until I am able to give back to programs like this. This opportunity has allowed me to continue my academic and personal potential and further enhance my confidence to seek success.

With that being said, my aspirations to create an environment of learning, communicate the sense of belonging, and help ignite a light of excitement and sense of reassurance to the youth to believe in themselves as much as my recreation community had done for me when growing up--is being made possible. I am thankful to represent an organization like this.



# D12 Mentorship Program

WHATS NEW | HOW TO BE INVOLVED | HOW TO SIGN UP



## PROGRAM GOALS

The Mentor program is designed for pairings to commit for one year and to interact with other mentor/mentee pairs to maximize the programs ability to connect participants to others in the District 12 network.

The objectives of this program are to: help participants identify and achieve career development and personal growth goals, foster higher levels of engagement and career vision, and create opportunities to meet and partner with others of different job titles, levels, or cultural boundaries.

**Mentors and mentees should plan to communicate a minimum of once per month.**



## Contact Us For More Info.

For more information or to sign up for the D12 Mentorship Program as a mentor or mentee contact  
**Kevin.Payton@sdcounty.ca.gov**

## MENTOR INFO

- Mentors provide information and knowledge.
- Mentors offer encouragement.
- Mentors have career experiences to learn from.
- Mentors help mentees understand strengths & weaknesses.
- Mentors help mentee plan for the near future and beyond.
- Mentors provide insight to assist with skills needed to reach goal.

**A GREAT MENTOR IS SOMEONE WHO CAN REACH IN AND HELP THE MENTEE RELEASE THAT HIDDEN TALENT**



## MENTEE INFO

- First identify why you need/want a mentor.
- Be willing to learn and take in the mentor's knowledge.
- Be motivated to succeed.
- Commit enough time to make mentoring worthwhile.
- Respect and appreciate the mentors time.
- Have a positive attitude!

**MENTORING IS A PARTNERSHIP BETWEEN TWO INDIVIDUALS, THE MENTOR AND THE MENTEE.**

## WHY MENTORSHIP IS IMPORTANT

Mentoring is important, not only because of the knowledge and skills students can learn from mentors, but also because mentoring provides professional socialization and personal support to facilitate success during school and beyond. Quality mentoring greatly enhances students' chances for success after graduation and in the beginning their careers.

**MENTORS ARE FREE, WHICH MAKES THEM PRICELESS IN MORE WAYS THAN ONE.**

# Annual November Conference Goes Virtual



## REGISTER NOW FOR THE D12 VIRTUAL NOVEMBER WORKSHOP

Instead of having all of the fun of great educational sessions in one day, we have spread the workshop over the entire month of November! Educational sessions are designed for students, coordinators, supervisors, managers, directors and everyone in between! All sessions will be held via Zoom. Full session descriptions can be found at the registration link below.

The registration fee is only **\$10** and will give you access to all **4 weeks** of valuable information and learning opportunities!

Register online at

[tinyurl.com/2020NovemberWorkshop](https://tinyurl.com/2020NovemberWorkshop)

“

Online learning is the future of education, and it is happening right now all around us.

## Session Schedule

(subject to change)

### Tuesday November 3

**9:00am - 10:00am**

Tips & Tricks to Maintain Work Life Balance (even when working from home!)

**3:00pm - 4:00 pm**

Pandemic Programming from "Live" to "Virtual"

### Tuesday, November 10

**9:00am - 10:00am**

Designing for Efficient Aquatic Staffing and Operations

**3:00pm - 4:00pm**

Diversity and Inclusion: A Starting Place

### Tuesday, November 17

**9:00am - 10:00am**

Lead, Motivate, Appreciate

**3:00pm - 4:00pm**

Navigating Cultural Competency in Recreation

### Tuesday, November 24

**9:00am - 10:00am**

Refresh Your Approach-A Practical Guide to Revamping Your Rec Guide & Marketing

**1:00pm - 2:00pm**

Inclusive Virtual Programming

# JEDI TRAINING

CPRS COMMITMENT TO JUSTICE, EQUITY,  
DIVERSITY, AND INCLUSION TRAINING

## COURSE ONE -

### Justice, Equity, Diversity, and Inclusion: Getting Started

How can you use your position to help move JEDI forward in your organization? Join us for a conversation on JEDI, and how you can prepare yourself to become an ally and advocate in your organization. Join us for one of these two phone calls in November!

#### November 5th: 10:00 -11:00 am -

registration through Zoom, no cost  
<https://tinyurl.com/JEDITrainingNov5>

#### November 10th: 2:00pm - 3:00 pm -

registration through Zoom, no cost  
<https://tinyurl.com/JEDITrainingNov10>

## COURSE TWO -

### Justice, Equity, Diversity, and Inclusion: Structures and Policies

Structures and policies play a huge role in the inequities that currently exist in parks and recreation systems. Learn about these structures and policies and start to analyze how they impact your organization. Join us for one of these sessions in December!

#### December 2nd: 1:00 pm - 2:30 pm - registration through CSUEB - \$15

<https://HRT.redpodium.com/jedi12220>

#### December 3rd: 9:00 am - 10:30 am - registration through CSUEB - \$15

<https://HRT.redpodium.com/jedi12320>



Santa Ana River Trail- OC Parks  
Santa Ana, CA

*Schedule subject to change*



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# HALLOWEEN AND COVID-19



**GHOULS & GOODIES**  
A Drive-thru Halloween Event

Thursday, Oct. 29 at 5 p.m. | Parking Garage Roof, Civic Center

**G**HOULS, GOBLINS, AND WITCHES COME CRUISE AND CACKLE YOUR WAY THROUGH OUR HAUNTED MAZE OF BOOTHS AND COLLECT YOUR SPOOKY TREATS.

- Drive-thru trunk or treat style event. The first stop will provide your treat bag.
- Treat givers will all wear masks and gloves.
- Participants should all be in costume with masks and remain in the vehicle.
- Free white supplies last.
- Please enter through Rancheros Parkway

SAN MARCOS

CITY OF LA MESA  
OCTOBER 31, 2020

JOIN LA MESA PD & HEARTLAND FIRE FOR A

## DRIVE-THRU HALLOWEEN TRICK OR TREAT

• 4:30PM TO 6:30PM •  
LA MESA POLICE DEPARTMENT  
PARKING LOT  
8085 UNIVERSITY AVE. LA MESA

WEAR YOUR BEST HALLOWEEN COSTUME!

WE WILL BE HANDING OUT TREATS!  
Due to COVID, we ask for you to stay in your cars and drive thru the event.

NATIONAL CITY  
1397  
Virtual Pumpkin Carving & Costume Contests

SUBMIT YOUR ENTRY FOR ONE OR BOTH CONTESTS  
REGISTRATION IS FREE AND OPEN FROM OCTOBER 2 - OCTOBER 18

Pumpkin Categories:		Costume Contest Categories:	
- Most Creative	- Scariest	- Most Creative	- Scariest
- Funniest	- Overall Best	- Prettiest	- Funniest

Pumpkin Activity #:		Pumpkin Activity #:	
3-5 years:	5240	3-5 years:	5233
6-8 years:	5239	6-8 years:	5234
9-11 years:	5238	9-11 years:	5235
12-17 years:	5237	12-17 years:	5236

1st place winners will receive a \$25 gift card, 2nd place winners will receive a \$15 gift card, and there will also be grand prize winners for each category regardless of age group. Those winners will receive a \$50 gift card. Each participant can only win one time. Once registration closes, you will receive an email on October 18th with further information.

REGISTER FOR EACH CONTEST WITH THE ACTIVITY NUMBER ABOVE.  
REGISTER ON [WWW.JOINMTCITY.COM](http://WWW.JOINMTCITY.COM)

## Halloween Events in District 12

### Events Reimagined

- Drive-in Movies
- Virtual Costume Contest
- Virtual Pumpkin Carving Contest
- Candy Drive Throughs

Halloween isn't canceled; it just changed. While this year may seem scarier than ever, there is still fun to look forward to!

CALIFORNIA  
**NATIONAL CITY**  
1837  
INCORPORATED

**SPOOKY  
DRIVE-IN**

Free

**GHOSTBUSTERS**

FRIDAY, OCTOBER 23  
WESTFIELD - PLAZA BONITA

[WWW.JOINNATCITY.COM/ACTIVITY#5241](http://WWW.JOINNATCITY.COM/ACTIVITY#5241)  
REGISTRATION REQUIRED, SPACE IS LIMITED!

Details will be provided upon registration  
Community Services / 619-336-4290 / [communityservices@nationalcityca.gov](mailto:communityservices@nationalcityca.gov)

**EL CAJON**  
The Valley of Opportunities  
Incorporated 1912

**October Fun  
IN EL CAJON**

Follow us on Instagram to find out about each event and how to register

@elcajon.city @elcajonrec @elcajonpolice @heartlandfire

Virtual Costume Contest  
Virtual Pumpkin Carving Contest  
Candy Cruise  
Drive-in Movie

For more info: [www.cityofelcajon.us/octoberfun](http://www.cityofelcajon.us/octoberfun)

*Local Events can still be fun while social distancing.*

*Please remember to check all county guidelines for events.*

**EVENT FLYERS FOR CITIES SHOWN:**

- Coronado
- El Cajon
- La Mesa
- National City
- San Marcos

**TO HAVE QUARTERLY EVENTS  
FEATURED IN NEWSLETTER EMAIL:**

[d12cprs@gmail.com](mailto:d12cprs@gmail.com)

CITY OF CORONADO & CORONADO MAINSTREET LTD PRESENT:

**2020  
CORONADO  
GOES  
GHOSTLY**

GET IN ON THE GOULISH FUN THIS YEAR!

**TRICK OR TREATS DRIVE-THRU**

- Oct. 31, 2 - 6 p.m.
- Cays and Village locations
- Resident registration starts Oct. 14
- Nonresident registration starts Oct. 26

**"BEST OF" CONTESTS**

- Costumes/Home Decor/Pumpkins
- Starts Oct. 9
- Submission Deadline Nov. 1
- Awards Nov. 6
- Participate on Facebook and Instagram

ADVANCED REGISTRATION REQUIRED

FREE!

CALL 619-522-7342 TO REGISTER



## FUTURE CPRS TRAININGS



California Aquatic Management School 2020  
Updates Coming Soon!



Due to the COVID-19 pandemic and or the health and safety of our attendees, MMS 2020 has been postponed until November 2021. Mark your calendars for Lake Arrowhead next year!

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**CONTACT JOHNNY CHOU**

JCHOU@SANDIEGO.GOV

# 2020 - 2021 CPRS DISTRICT 12 BOARD



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City of La Mesa



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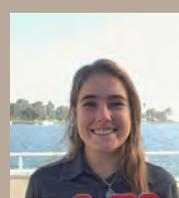
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*Student Section Rep.*  
Savannah Mondragon  
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Join us on the 2021 - 2022 Board

